



# Hand Center of Oregon, Inc.

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Date \_\_\_\_\_

Patient Name \_\_\_\_\_

Phone \_\_\_\_\_

Diagnosis \_\_\_\_\_

ICD-10 \_\_\_\_\_

Physician \_\_\_\_\_

Phone \_\_\_\_\_

Precautions \_\_\_\_\_

Treatment Goals & Objective \_\_\_\_\_

Frequency ☐ 1X ☐ 2X ☐ 3X ☐ 4X ☐ 5X      Duration \_\_\_\_\_ Weeks

## Treatment

- ☐ Evaluate & Treat
- ☐ AROM
- ☐ PROM
- ☐ Strengthening Program
- ☐ Sensory Program
- ☐ Wound Care/Scar Remodeling
- ☐ Home Exercise Program
- ☐ Other \_\_\_\_\_

## Splinting

- ☐ Static  
Type: \_\_\_\_\_
- ☐ Dynamic  
Type: \_\_\_\_\_
- ☐ Other \_\_\_\_\_

## Modalities

- ☐ Hot Packs/Ice
- ☐ Fluidotherapy
- ☐ Ultrasound
- ☐ Iontophoresis
- ☐ TENS

I certify that the above treatment plan is  
medically necessary.

Physician Signature: \_\_\_\_\_

Date \_\_\_\_\_

